



430 North Street
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Dear Caregivers and Family Members,

May 2017

Caregiving for a loved one afflicted with Memory Impairment can be extremely exhausting, demanding and stressful. In addition to the respite that you receive when your loved one is present at the Roker Center, we'd like to offer you additional support by providing you with a monthly Support Group Meeting. It is important that you, the caregiver, receive the support and assistance that you need and deserve in order to continue being a wonderful and healthy caregiver.

Please join us:

WHEN: Tuesday, May 23rd.

TIME: 12 Noon

WHERE: Edna L. Roker Social Adult Day Center 430 North St., White Plains, NY 10605

Facilitator: Miriam Roker Horsford, R.N.

PS: We welcome you bringing a friend, neighbor or family member to join our Support Group. Please call me directly or the Center to confirm your attendance.

Best regards,

Miriam

914-682-2257 (Direct)

914-761-3885 (Center)